Instructions

1. Step 1

Crack the eggs and whisk them until the egg white and egg yolk are completely mixed.

2. Step 2

Heat the butter in the frying pan on a low-medium heat until melted - be careful!

3. Step 3

Pour your egg mixture into the frying pan and allow to cook until it looks like a yellow pancake. This takes 1-2 minutes

4. Step 4

Lift the edge with a spatula and tilt the pan to allow the runny egg on top to travel to the edge of the pan. Do this until there is no runny egg left.

5. Step 5

When all the egg is cooked (and not runny) add the cheese to one half of the omelette and then fold the other half over.

6. Step 6

GLOSSARY

Transfer to a plate and garnish with herbs to serve. Voilá! One yummy omelette.

CRACK /kræk/	WHISK /wisk/ batir
POUR /po:/	LIFT
HEAT /hi:t/	ADD /æd/
GARNISH /ga:nij/	FOLD /fəuld/

http://www.bbc.co.uk/cbbc/makes/how-to-make-an-omelette

- 1) Fill the kettle with fresh water. Warm the teapot by pouring in a quarter of a cup of water or putting the pot in a microwave for a minute.
- Bring the warmed teapot, with the tea bag in it, straight to the just-boiled kettle and pour in the boiling water immediately.
- 3) Let the tea brew.
- 4) Put milk in your ceramic mug first and add sugar.
- 5) Pour tea in your teacup.

GLOSSARY

Bring

Fill

Warm