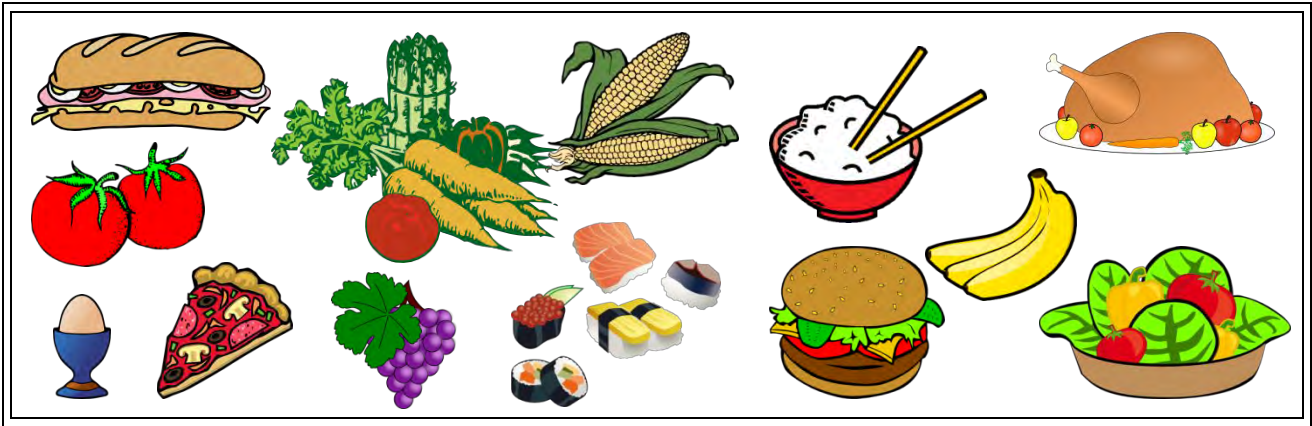


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Eating Habits



1. Look at the picture.

Do you like all the food?

Which one(s) don't you like?

2. Are you a vegetarian? Why (not)?

3. How important is food in your life?

Choose one answer

really important () very important ()

quite important () not very important ()

4. Is there any food you hate?

5. Have you tried ... ? Tick your partner's answer(s)

Indian food ()

Thai Food ()

Japanese food ()

Chinese food ()

Italian food ()

Which did you like best and why?

6. What other kinds of foreign food have you tried?

7. How often do you cook? What's your speciality? 12. What's your favourite meal? Why?

8. Are you careful about what you eat or drink?

Is there anything you try not to eat or drink too often?

9.

meat

pasta

chocolate

How much

fried food

fruit

fast food

fish

do you eat?

How many

fresh vegetables

biscuits or cakes

chips or crisps

sweets

eggs

do you eat?

How much

water

coffee

milk

alcohol

do you drink?

10. Do you think your diet is healthy? Why(not)?

11. Do you usually have breakfast?

What do you usually have?

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Eating Habits

In this pairwork speaking activity, students ask and answer questions about food and cooking.

Before class, make one copy of the questionnaire for each student.

Procedure

Give each student a copy of the questionnaire

Demonstrate the activity by asking individual students to ask you the various questions from the worksheet.

When you answer, try to illustrate a range of language, especially for Question 9, e.g. quite, not a lot, just a bit, too much, etc.

Next, divide the students into pairs.

The students take it in turns to ask and answer the questions on their worksheet.

Students should write their partner's answers next to each question.

Afterwards, have a class feedback session to find out the most interesting findings, e.g. who has the healthiest diet, etc.